

Preschool Room Daily Routine

7:45am	Centre opens
8:30 to 9:00	Free play/snack
9:30 to 9:45	Washroom routine/tidy up/sunscreen application (summer)/clean tables for lunch
9:45 to 10:00	Group time on the carpet
10:00	1 st group to playground
10:05	2 nd group to playground
10:10	3 rd group to playground

Indoor gross motor activities provided if weather is not permitting.

11:30	1 st group upstairs for lunch
11:35	2 nd group upstairs for lunch
11:45	3 rd group upstairs for lunch

Washroom routine/ diapers/washing hands/sitting at lunch table.

Beds are put out at 12:00 noon.

12:30	Finish lunch/washroom routine
12:45 to 2:30	Rest time/staff clean room/set up for afternoon activities.

Non-sleepers are offered quiet activity bags or quiet table toys at 1:30pm.
Activities are posted on the Program weekly.

2:30	Wake-up/washroom routine/ free play/beds are put back in storage.
3:30	Tidy-up room activities
3:45	1 st group to playground
3:50	2 nd group to playground
3:55	3 rd group to playground

Indoor gross motor activities provided if weather is not permitting.

5:00-6:00	Return upstairs/wash hands/light snack provided/greet parents
6:00	Centre closed